

WHOLE SCHOOL MEALS - MENU - TERMS 1 & 2 - 2019 - DAIRY INTOLERANT

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Mexican Bean Nachos Omit Cheese Grated Carrot & Sweetcorn Cheeky Chocolate Cake Fresh Fruit/Jelly	Chicken & Ham Pie with Gravy Creamed Potatoes Brocoli & Mixed Vegetables Lemon Drizzle Cake Fresh Fruit/Jelly	Roast Pork with Apple Sauce & Gravy Roast/Boiled Potatoes Local Seasonal Vegetables & Cooks Choice Mixed Fruit & Jelly Fresh Fruit/Jelly	Pasta Bolognese Do not Serve with Cheese Peas & Carrots Berry Sponge Fresh Fruit/Jelly	Salmon Nuggets or Fish Fingers or Curried Vegetable Pasty Chips/Pasta Baked Beans & Sweetcorn Oat Cookie Fresh Fruit/Jelly
WEEK 2	Jacket Potato with Baked Beans or Vegetable Fritters Omit Cheese 1/2 Jacket Potato or Jacket Wedges Coleslaw & Roasted Tomatoes Fruit Cocktail Fresh Fruit/Jelly	Battered Fish with Mayo or Spicy Tomato Pasta New Potatoes Peas & Sweetcorn Chocolate Sponge Fresh Fruit/Jelly	Roast Chicken & Stuffing with Gravy Roast/Boiled Potatoes Local Seasonal Vegetables & Cooks Choice Frozen Fruit Smoothie Fresh Fruit/Jelly	Pasta Bolognese Do not serve with Cheese Jacket Potato with Baked Beans Mixed Vegetables & Broccoli Iced Carrot Cake Fresh Fruit/Jelly	Sausage Roll served with Ketchup Do not Brush Tops with Milk Chips/Pasta Baked Beans & Cucumber Sticks Cookie with Apple Slices Fresh Fruit/Jelly
WEEK 3	Tuna & Sweetcorn Pasta or Penne Pasta with Peas & Broad Beans Roasted Carrots & Salad Leaves Iced Banan Cake Fresh Fruit/Jelly	Meatballs & Pasta Cauliflower & Sweetcorn Fruit Crumble Fresh Fruit/Jelly	Roast Gammon & Gravy Roast/Boiled Potatoes Local Seasonal Vegetables & Cooks Choice Shortbread Fresh Fruit/Jelly	Chicken Enchiladas Omit Cheese Savoury Rice Cucumber & Carrots Batons Flapjack Fresh Fruit/Jelly	Fish Fingers & Ketchup or Mexican Bean Wraps Omit Cheese Chips/Pasta Baked Beans & Mixed Salad Pineapple Shortcake Fresh Fruit/Jelly

See www.wholeschoolmeals.co.uk/menus.for.week.dates